



GLUTENFREE

乾燥こんにゃく麺と乾燥粒こんにゃく

DRIED SHIRATAKI

“NOODLES” & “RICE STYLE”

VEGAN, LOW CAL & LOW CARB

Mild aroma / Great chewy texture / Ideal noodle & rice substitute for those conscious of their daily calorie intake / Longer shelf life / Authentic Japanese quality / Shirataki is a traditional healthy Japanese food



GLUTENFREE

COOKS IN 5 MINUTES

Cook noodles in simmering hot water for 5 minutes.
Drain and then add to your favorite recipe!



DRIED SHIRATAKI

“NOODLES”

乾燥こんにゃく麺

NET WT 2.6 OZ (75G)

UPC code : 4518568000098 ITF code : 14518568000095

Store in a cool, dry place

Nutrition Facts

Serving Size 25g (0.9oz.)

Servings Per Container 3

Amount per Serving	As Packaged	As Prepared
Calories	90	35**
Calories from Fat	0	0
% Daily Value*		
Total Fat 0g	0%	0%
Sodium 6mg	0%	0%
Total Carbohydrate 22g	8%	3%**
Dietary Fiber 2g	8%	8%
Sugars 4g (As Prepared 0g**)		
Protein 0g	0%	0%

Not a significant source of saturated fat, trans fat, cholesterol, vitamin A, vitamin C, calcium and iron.

*Percent Daily values are based on a 2,000 calorie diet.

**Calories, total carbohydrate, and sugars are significantly reduced as prepared because tapioca syrup, which is used to coat the noodle is washed out after cooking and rinsing the noodle.

INGREDIENTS : TAPIOCA SYRUP,
TAPIOCA STARCH, KONJAC POWDER,
CALCIUM HYDRATE, CITRIC ACID

GLUTENFREE

COOKS IN 10 MINUTES

Cook rice style in simmering hot water for 10 minutes.
Drain and then add to your favorite recipe!



DRIED SHIRATAKI

“RICE STYLE”

乾燥こんにゃく麺

NET WT 2.8 OZ (80 G)

UPC code : 4518568000104 ITF code : 14518568000101

Store in a cool, dry place

Nutrition Facts

Serving Size 20g (0.7oz.)

Servings Per Container 4

Amount per Serving	As Packaged
Calories	70
Calories from Fat	0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 16mg	1%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 0g	
VitaminA 0%	VitaminC 0%
Calcium 5%	Iron 0%

*Percent Daily values are based on a 2,000 calorie diet.

INGREDIENTS : TAPIOCA STARCH,
KONJAC POWDER,
CALCIUM CARBONATE,
CALCIUM HYDRATE, CITRIC ACID

item code	item description	net wt.	item dimensions (L x W x H)	case weight	case dimensions (L x W x H)	shelf life
13098	DRIED SHIRATAKI “NOODLES” 2.6oz (75G) x 6 (display box)	2.6oz	4.25" x 0.8" x 9.0"	1.3lbs	5.25" x 3.5" x 8.5"	24 months
13104	DRIED SHIRATAKI “RICE STYLE” 2.8oz (80G) x 6 (display box)	2.8oz	4.25" x 0.8" x 9.0"	1.4lbs	5.25" x 3.5" x 8.5"	24 months

Distributed by : Japan Gold USA
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Product of Indonesia

**TRY IT
TODAY!**

