

FREEZE-DRIED NATTO

Highly Functional
Fermented Soybeans

Non-GMO • **Gluten Free** • **Probiotic** • **Natural** • **No trans fats**

Natto is a traditional Japanese food made from soybeans fermented with *Bacillus subtilis* var *natto*. Due to the unique fermentation process, soybeans go through a metamorphosis into Natto, the super food, that is packed with not only nutrition, vitamins, minerals but also enzyme called "nattokinase. We now have a freeze-dried version of Natto: whole and in flakes. Our Freeze-drying process not only makes it easier for people (who are not used to the sliminess and peculiar aroma of Natto) to consume Natto more easily but also preserves the healthy microorganisms -as in the original Natto form. Below is the nutritional information for both whole and flake types.

- Rich in Vitamin K (helping the prevention of osteoporosis and calcium buildup on blood vessel walls, one of the causes associated with arteriosclerosis)
- Contains a high amount of Nattokinase (good for reducing the risk of blood clots and breaking up the plaque associated with Alzheimer's disease)
- Contains a high amount of Natto bacillus (regulating the functions of the intestine and antibacterial effect)
- Rich in polyamine (anti-aging agent + helping to prevent arteriosclerosis)
- High in isoflavone in the case of whole type

| nutrient | unit | FD Natto (whole type) | FD Natto (Flake type) |
|----------------|-----------|-----------------------|-----------------------|
| Energy | kcal/100g | 489 | 400 |
| Moisture | g/100g | 1.7 | 1.3 |
| Protein | g/100g | 38.5 | 28.5 |
| Lipid | g/100g | 23.1 | 6.8 |
| Carbohydrates | g/100g | 31.6 | 56.2 |
| Nattokinase | FU/100g | 46.7 | 530 |
| Isoflavone | mg/100g | 269 | - |
| Vitamin K | μg/100g | 130 | 6830 |
| Natto Bacillus | /g | 2.7 X 10 ⁷ | 1.8 X 10 ⁹ |

APPLICATIONS (FOR INDUSTRIAL USE)

Energy Bar
Booster Juice / Smoothies
Nutritious Extruded Snacks
Trail Mix



PRODUCT INFORMATION

| PRODUCT | PACKAGING | NET WT (LB) | GRS WT (LB) | CASE SIZE |
|--------------------------------|-----------------------|-------------|-------------|-------------------|
| FD Natto (Whole Type) | 10kg (22.1 LBS) / CTN | 22.00 | 24.25 | 18.9 x 9.4 x 14.8 |
| FD Natto (Flake Type) pellicle | 6kg (13.2 LBS) / CTN | 13.22 | 15.43 | 18.9 x 9.4 x 14.8 |



From Japan

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